Time Saving Tips for ABFM’s Maintenance of Certification (MC-FP)

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Senior Advisor to the ABFM President

DISCLOSURE: Dr. Tollison has nothing to disclose related to his presentation.
ABFM Goal:

LEAVE NO DIPLOMAT BEHIND . . . EVER!
Contact the ABFM

• Support Center
  — Phone: 877-223-7437
  — Email: help@theabfm.org
  — Live Chat

• Website
  — www.theabfm.org

• ABFM
  — Phone: 888-995-5700
  — Fax: 859-335-5701
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Extended Hours Available!

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(eastern)
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AND

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(eastern)
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• Manned by ABFM Employees located in the ABFM offices
• Able to answer questions regarding all phases of ABFM business
Live chat available from ABFM Home page

2 Minute Rule
Have a Question after 2 minutes? Contact our Support Center!!
Website Resources

- **General Website**
  - Website Site Map
  - Navigation Tutorial
  - Flash Tutorial

- **Self-Assessment Modules (SAM)**
  - Jing Videos
  - Webinars
  - Flash Tutorial

- **Performance in Practice Modules (PPM)**
  - Flash Tutorial

- **Support Center**
  - Live Chat Opportunity
Click on "MC-FP Modules" to begin a module.
Track Your Progress
Update Your License
Access MC-FP Modules

Update Your Contact Info
Get a Receipt
Get a Verification Letter
Part I: Evidence of professional standing
Part II: Evidence of a commitment to lifelong learning and involvement in a periodic self-assessment process
Part III: Evidence of cognitive expertise
Part IV: Evidence of evaluation of performance in practice

Since Our Inception in 1969
Core Competencies

1. **Patient Care** that is compassionate, appropriate, and effective for the treatment of health problems and the promotion of health.

2. **Medical Knowledge** about established and evolving biomedical, clinical, and cognitive sciences and the application of the knowledge to patient care.

3. **Practice-based Learning and Improvement** that involve investigation and self-evaluation, appraisal and assimilation of scientific evidence, and improvements in patient care.
4. **Interpersonal and Communication Skills** that result in effective information exchange and collaboration with patients, their families, and other health professionals.

5. **Professionalism** as manifested through a commitment to perform professional responsibilities, adherence to ethical principles, and sensitivity to a diverse patient population.

6. **Systems-based Practice** as manifested by actions that demonstrate an awareness of and responsiveness to the larger context and system of health care and the ability to use system resources to provide optimal care.
Each of the four parts of MC-FP assesses one or more of the Core Competencies.

<table>
<thead>
<tr>
<th>Core Competencies</th>
<th>1 Professional Standing</th>
<th>2 Lifelong Learning</th>
<th>3 Cognitive Expertise</th>
<th>4 Performance In Practice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient Care</td>
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<tr>
<td>Medical Knowledge</td>
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<tr>
<td>Practice-based Learning &amp; Improvement</td>
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<tr>
<td>Systems-based Practice</td>
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</tbody>
</table>
## What Exactly are the MC-FP Requirements?

<table>
<thead>
<tr>
<th>Year Range</th>
<th>Requirement Details</th>
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</thead>
<tbody>
<tr>
<td><strong>2003-2010</strong>&lt;br&gt;(7 Year Option)</td>
<td>7-Year MC-FP Cycle (Exam in Year 7)&lt;br&gt;At least 3 Part II Modules (SAMs)&lt;br&gt;At least 1 Part IV Module (PPM or Approved Alternative)&lt;br&gt;Three additional modules (either Part II or Part IV)</td>
</tr>
<tr>
<td><strong>2003-2010</strong>&lt;br&gt;(10 Year Option)</td>
<td>10-Year MC-FP Cycle in three 3-year MC-FP stages (Exam in Year 10)&lt;br&gt;At least 1 Part II Module (SAM) Per 3-Year MC-FP Stage&lt;br&gt;At least 1 Part IV Module (PPM or Approved Alternative) Per 3-Year MC-FP Stage&lt;br&gt;Additional Part II Module or Part IV Module Per 3-Year MC-FP Stage</td>
</tr>
<tr>
<td><strong>2011- Beyond</strong>&lt;br&gt;(Continuous)</td>
<td>Continuous Process in 3-Year MC-FP Stages&lt;br&gt;Minimum of 1 Part II Module (SAM); 15 MC-FP Points Per 3-Year MC-FP Stage&lt;br&gt;Minimum of 1 Part IV Module (PPM or Approved Part IV); 20 MC-FP Points Per 3-Year MC-FP Stage&lt;br&gt;Additional Part II or Part IV Module Per 3-Year MC-FP Stage&lt;br&gt;Minimum 50 MC-FP points per 3-Year MC-FP Stage</td>
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</table>
What Exactly are the MC-FP Requirements?

7 Year Cycle
- 7 Modules Total
- Certified/Recertified 2003-2010
- 7 Year Certificate

10 Year Cycle
- 9 Modules Total
- Certified/Recertified 2003-2010
- 10 Year Certificate

Continuous
- 50 Points Per 3-Year Stage
- Certified/Recertified 2011 and Beyond
- Certificate without End Date
In Summary…

Diplomates certifying or recertifying between 2003 and 2010 have a seven-year cycle with the option to extend to ten years through successful participation in MC-FP. They continue in this process until next recertification.

Seven-year cycle no longer available for Diplomates certifying or recertifying in 2011 and beyond.
Changes Effective with Continuous MC-FP

• 10-year examination requirement
• 7-year certification plan no longer available
• Point system in place - 50 points required per 3-year Stage
  • SAMs= 15 points
  • PPMs= 20 points
  • MIMMs = 15-20 points
• Certification status contingent on meeting MC-FP requirement WITHIN each 3-year Stage (deadline December 31st of year 3 of Stage)
• Simplified financial plan

• CME requirement per 3-year Stage – 150 credits (Unchanged)
Requirements for EACH 3-Year Stage:
- 50 MC-FP Points
- 150 Continuing Medical Education (CME) Credits
- Maintain a currently valid, full, and unrestricted license to practice medicine in the United States or Canada
Continuous MC-FP

Set a Goal of 1 Module Per Year!

Year 1: Complete 1 Module

Year 2: Complete 1 Module

Year 3: Complete 1 Module
Self Assessment Modules (SAMs): Knowledge Assessment

- A longitudinal educational initiative—**NOT** a test
- Completion/progression (80%) is the expectation
- Goal of mastery of up-to-date information
- “Open Book”— Multiple retakes as needed
- Discussion with colleagues, consultants **encouraged**
- Multiple resource “tools” are available inside each module
### SAM Question Types

#### Standard Multiple Choice
- Single Answer Questions

#### Multiple Choice
- Possible Multiple Answer Questions

#### Un-cued Questions
- Assumptions are no longer included
Step 1: Complete all questions **WITHOUT** prior review of the references.

Learning Experience- Assesses your current knowledge of the disease category.

THIS IS NOT A TEST!!!
Step 2:

Review items missed and their corresponding references and critiques to update your knowledge on the subject area.
To Resume a Module

To Withdraw from a Module
To review or study your answers, click the Knowledge Assessment Review link.
Clinical Simulation Help List with Video Snip Its
• Allows physician to have focused experience without distraction
• Interaction/professional discussion in a nonjudgmental setting is a positive feature

• Held at the AAFP Scientific Assembly, many State-AFP Chapter Meetings and Review Courses
• SAM Study Group session fee charged by the sponsoring organization does not include the fee charged by ABFM for MC-FP module credit, these are separate processes and fee amounts

**MUST** complete Clinical Simulation following successful completion of the knowledge assessment component.
• **All** candidates (Certification & Recertification) take the **same** examination

• **All** candidates will choose **2 modules** of 45 questions each over which to be tested during the morning exam session

<table>
<thead>
<tr>
<th>Ambulatory Family Medicine</th>
<th>Maternity Care</th>
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<tbody>
<tr>
<td>Child &amp; Adolescent Care</td>
<td>Emergent/Urgent Care</td>
</tr>
<tr>
<td>Geriatrics</td>
<td>Hospital Medicine</td>
</tr>
<tr>
<td>Women’s Health</td>
<td>Sports Medicine</td>
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</tbody>
</table>
• Helpful to Diplomates
• Available online at www.theabfm.org under “Support Center” located at the top of the page
• Experience look and feel of actual exam
• Become familiar with navigation tools
• Answer sample questions
Exam Preparation Assistance

Exam Preparation Tools Available on ABFM Website:

• Videos Outlining Study Plans
• Study Tips
• 2-Week Checklist
• Exam Tutorial

Access these tools on the ABFM website www.theabfm.org
# 2014 Fall Exam Deadlines

<table>
<thead>
<tr>
<th>Fall 2014 Exam Deadline</th>
<th>Date</th>
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<tbody>
<tr>
<td>Registration Begins</td>
<td>July 25, 2014</td>
</tr>
<tr>
<td>Deadline to submit application without a late fee</td>
<td>August 25, 2014</td>
</tr>
<tr>
<td>Final Deadline to submit application with a $200 late fee</td>
<td>September 15, 2014</td>
</tr>
<tr>
<td>Exam Dates</td>
<td>November 10,11,12,13,14,15</td>
</tr>
<tr>
<td>Exam Results</td>
<td>December 19, 2014</td>
</tr>
</tbody>
</table>
BEGIN the formal application **prior to the deadline** to avoid late filing fees

--- to be able to access the application, all required modules must be paid for/and or started
(completion of the modules is not required to start the application but all modules must be complete by the deadline for clearing deficiencies)

--- **IMPORTANT!!!** Advance beyond the payment page of the application

--- go back to the application to choose a test date and test center as soon as all deficiencies are cleared (including completion of all modules)
PPM
PPM Alternative
MIMM
MC-FP Part IV
If you have NO direct, continuing patient care responsibilities, click NO.

If you have direct, continuing patient care, click Yes.
Do you have Continuing Patient Care?

- **YES**
  - ABFM Approved Part IV Activities
  - MIMM ABFM Approved Part IV

- **NO**
  - Hand Hygiene with Simulated Patient Data
  - Self Directed Activity without Patient Data
NO Access to Continuing Patient Care?

Methods in Medicine Modules (MIMMs)

**ABFM Products**

*no additional charge beyond the cost of MC-FP*

<table>
<thead>
<tr>
<th>Current Topics:</th>
<th>Clinical Information Management MIMM</th>
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<tbody>
<tr>
<td></td>
<td>Cultural Competency MIMM</td>
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<tr>
<td></td>
<td>Hand Hygiene PPM (with simulated</td>
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<td></td>
<td>patient data)</td>
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<tr>
<td></td>
<td>ABFM Self-Directed Activity</td>
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</table>
Available resources to assist you in completing the MIMM: Introduction Roadmap.
Self-Directed PPM

- The required attestation form can be accessed through the physician portfolio
- Submission of an attestation form does not guarantee Part IV credit
- Approval occurs on a case-by-case basis
- Allow up to 8 weeks for the review process

Specific Information about the Self-Directed activity can be found in your Physician Portfolio
Part IV Alternatives Support

• Nichole Lainhart, Program Manager MC-FP Alternatives Activities
  – Phone: 877-223-7437, ext 1230
  – Email: NLainhart@theabfm.org

• Support Center
  – Phone: 877-223-7437
  – Email: help@theabfm.org
  – Live Chat
If you have NO direct, continuing patient care responsibilities, click NO.

If you have direct, continuing patient care, click Yes.
Approved Part IV Alternatives

(Examples of Approved Part IV Alternatives)

- American Academy of Family Physicians (METRIC)
- Multi-Specialty Portfolio Approval Program (MSPP) Sponsor organization activities
- National Committee for Quality Assurance (NCQA)
  - Physician Recognition Programs
  - Approved programs: Diabetes, Heart/Stroke, Back Pain, Patient Centered Medical Home
  - Individual-level certificates of recognition in Heart/Stroke, Diabetes, Back Pain, or PCMH (only 2011, Level 3) can be submitted for Part IV credit
  - Organization-level certificates of recognition require additional physician attestation to be considered for Part IV credit

(Bridges to Excellence programs can be considered through the Self-Directed pathway)
ABFM MC-FP Part IV

Visit the ABFM website for the complete current list of Approved Outside Vendor Activities

www.theabfm.org

(listed under the Maintenance of Certification Section– click the Part IV Performance in Practice)
Access to Continuing Patient Care?

YES

Complete a Performance in Practice Module (PPM)
Important Benefits of the PPM

1) Applied to your practice and your patients
2) Provides performance-based overview of your practice
3) Directed and controlled by you
4) Data available only to you (non-discovery)

Physician Quality Reporting System (Diabetes) with potential additional financial benefits available
PPM Choices currently available online:

- Asthma
- Comprehensive
- Coronary Artery Disease
- Depression
- Diabetes
- Hand Hygiene
- Heart Failure
- Hypertension
- Self-Directed
Performance in Practice Modules (PPMs) consist of introductory materials, detailed instructions, and an interactive quality improvement (QI) development process. The QI implementation period is a minimum of 0 days with the exception of the Hand Hygiene PPM which has a minimum of 14 days (two 7-day periods) for the QI implementation period. Please keep these timeframes in mind when completing your MC-FP requirements.

Available resources to assist you in completing the PPM: Roadmap Introduction
Step 1
Collect Data for 10 Patients (Initial Patient Data Collection)

Step 2
Implement Your QI Plan

Step 3
Collect Data for 10 NEW patients (Final Patient Data Collection)
There are 2 ways to submit patient data in a PPM

**Individual Entry Mode**

- Enter your data **prospectively** based on individual patients

**Aggregate Entry Mode**

- Enter data **retrospectively** for multiple patients
- Most commonly used for physicians who have Electronic Health Records (EHR)
What is the Difference Between Individual and Aggregate Data Entry Mode?

**Individual Data Entry Mode**
- Patient Data Collection is Completed on Paper
- Collect Patient Data Prospectively Via Office Visits
- Enter Patient Data into PPM Manually

**Aggregate Data Entry Mode**
- Patient Data Collection is Completed Using EHR
- Collect Patient Data Retrospectively Using EHR
- Enter Data into PPM Using EHR
ABFM MC-FP Part IV

Let Your Staff Help

IMPORTANT!!!

Print Forms

Hand Out Forms
(Individual Entry Mode Only)

Input Data
Steps to complete your first PPM

Choose 1

Clinical Indicator
(Problem Area)

Choose 2

Chronic Care Models
(Change Environment)

Choose 1

Intervention in EACH Chronic Care Model
(Action Resources Available)
Diabetes Physician Indicators Instrument

1. Have you tested the patient's hemoglobin A1c in the last 6 months? Select Yes or No.
   - Yes
   - No
   If you selected yes, what is the patient’s hemoglobin A1c value?
     Hemoglobin A1c ____________

2. Have you examined the patient’s feet today? Select Yes or No.
   - Yes
   - No
   If you selected yes, select each aspect of the examination that you have performed.
     - Inspection
     - Monofilament Examination
     - Vascular Integrity

3. Have you tested the patient’s urine for microalbuminuria this year? Select Yes or No.
   - Yes
   - No
   - Not Applicable
   If you selected yes, was it positive or negative? Select the appropriate response.
     - Positive
Individual Entry Mode:
Diabetes PPM Example Questions:
Patient Questionnaire

Diabetes Patient Indicators Instrument

1. Have you had your hemoglobin A1c (a test of how much sugar is in your blood) checked in the last 6 months? Select Yes or No.
   - Yes
   - No

2. Has your doctor checked your feet in the last 6 months? Select Yes or No.
   - Yes
   - No

3. Has your doctor tested your urine for signs of diabetic kidney disease this year? Select Yes or No.
   - Yes
   - No

4. Do you smoke? Select Yes or No.
   - Yes
   - No

If you selected yes, has your doctor talked to you about quitting? Select the appropriate answer.
   - Yes
   - No

If you selected yes, what is the patient's hemoglobin A1c value?

Hemoglobin A1c __________

3. Have you tested the patient's urine for microalbuminuria this year? Select Yes or No.
   - Yes
   - No
   - Not Applicable

If you selected yes, was it positive or negative? Select the appropriate response.
   - Positive
Individual Entry Mode
Review the Pre-Quality Improvement Comparison Reports.

Individual Entry Mode
Select at least 1 clinical indicator as an area for improvement.
Individual Entry Mode

Select at least 2 Chronic Care Models (CCM) to guide you in selecting interventions for improvement.
Choose 2 of 6 Chronic Care Model (CCM) Categories

1. Community Resources and Policies
   - Change concepts and interventions that utilize community resources to meet the needs of patients (NCQA Physician Practice Connections category-Patient Education and Support)

2. Health System
   - Change concepts and interventions that create a culture, organization, and mechanisms that promote safe, high-quality healthcare

3. Self-Management Support
   - Change concepts and interventions that empower and prepare patients to manage their health and healthcare (NCQA Physician Practice Connections category-Patient Education and Support)
Choose 2 of 6 Chronic Care Model (CCM) Categories

4. Delivery System Design
   - Change concepts and interventions that assure the delivery of effective, efficient clinical care and self-management support (NCQA Physician Practice Connections category-Care Management)

5. Decision Support
   - Change concepts and interventions that promote clinical care consistent with scientific evidence and patient preferences (NCQA Physician Practice Connections category- Clinical Information Systems/Evidence-Based Medicine)

6. Clinical Information Systems
   - Change concepts and interventions that organize patient and population data to facilitate efficient and effective care (NCQA Physician Practice Connections category- Clinical Information Systems/Evidence-Based Medicine)
Individual Entry Mode

Choose **ONE** intervention category within each Chronic Care Category previously chosen.

Individual Entry Mode

- Choose 1 Intervention.
- Choose 1 Intervention Item.
**Individual Entry Mode**

Design your Quality Improvement (QI) Plan

Note: “Add Custom Step” is an optional step.
Individual Entry Mode

Once the questionnaires are complete and the data is entered in the PPM,

You will be able to review your Post Quality Improvement Comparison charts.
Aggregate Entry Mode
Select the type of EHR you use in your practice
• The required attestation form can be accessed through the physician portfolio
• Submission of an attestation form does not guarantee Part IV credit
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• Allow up to 8 weeks for the review process

Specific Information about the Self-Directed activity can be found in your Physician Portfolio
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Awarded by the American Academy of Family Physicians

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- PPM = 20 CME Credits
- MIMM = 20 CME Credits
- Cultural Competency MIMM = 9 CME Credits
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