

## NHAFP Meeting Minutes November 20, 2019

### Attendance:

Mary Cullen, DO; Marie Ramas, MD; Melissa Duxbury, MD; Paula Leonard-Schwartz, MD; Gary Sobelson, MD; Douglas Phelan, MD, MPH; Doug Dreffer, MD; Greg Thesing, MD; Joann Buonomano, MD; Maria Boylan, DO; Molly Rossignol, DO; Amy Schneider, MD; Christopher Allen, MD; Stephen Bishop, MD; Louis Kazal, MD; Angela Yeardon, DO; Laura Fry, MD; Sandra Mikail, MD; Catrina Watson; Via Phone: Sarah Baranes, Cowan Stark, MD

Meeting called to order 627p

### Approve Minutes:

#### Motion to amend

Polina will be teaching an elective class in lifestyle medicine “at Geisel Medical School”- sleep, healthy nutrition, movement, interventions for specific conditions

Motion to approve amended minutes, motion passed

### Guest:

Michelle Wager with the First episode Psychosis/ Early Serious Mental Illness Project through NAMI NH. They are working on developing treatment plans and education regarding the importance of early intervention services to individuals with FEP/ESMI.

Treasurer’s Report: Chapter \$93,753.65, cd \$29,869.20  
motion to approve, motion passed

### 2020 budget presented

Amended budget to decrease amount given to Portsmouth residents to be consistent with concord

Motion to approve amended budget, motion passed

### Residency Update:

#### Concord (Steven Bishop, MD):

Interviews have started and plan to interview into January

Site of the residency is moving to the memorial building

Portsmouth:

Awaiting accreditation

Student Update:

Sarah Baranes GMS2 reviewed recent activities

-Movie screening of "The Providers", documentary about providing care in rural areas

-Skills Night with ME-Dartmouth residents

-Wilderness Medicine talk with Dr. Irwin

Subcommittee Updates:

CME (Doug Dreffer, MD):

Mountain View Grand May 1-3

Coming together well

Discussion regarding other ways to help fund the meeting, sponsor students or residents to attend

Advocacy (Gary Sobelson, MD):

Concord Monitor published letters from doctors for 3 days about why healthcare is a right

Old Business:

none

New Business:

Plan of Safe (supportive) Care. (Molly Rossignol, DO):

Federal mandate, NH RSA passed 2018, but not general knowledge yet. Sets up plan for baby with a history of substance use exposure. See attached document. Outlines resources and supports and is supposed to be completed and given to pediatric provider.

COD:

See attached document

Highlights- NH had a great presence at the meeting with 3 members on committees

Motion to Adjourn 842p

Motion passed

Next Meeting January 15

2020 dates are: January 15, March 18, July 15, September 16 and November 18.